

w/c 7th October, 28th October, 18th November, 9th December, 30th December, 20th January, 10th February

WEEK ONE

THEME DAYS

Trip to France

Italian Day Out

Try our Scottish Menu

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)

MONDAY
Authentic Italian

TUESDAY
Family Faves

WEDNESDAY
Baking British

THURSDAY
Food Festival

FRIDAY
Fun Day

Main Event

Cheese and Tomato Pasta Bake

Wholewheat penne with the ultimate tomato sauce topped with cheese

Sausages with Potato Wedges

Grilled sausage, potato wedges and baked beans

Roast Chicken and Gravy with Mash

Chicken thighs with mash, stuffing and gravy

Spaghetti Bolognese

Tasty spaghetti bolognese with a slice of garlic bread

Salmon Fish Fingers and Chips

MSC salmon fish fingers with chips and peas

Vegetarian Section

Quorn Meatballs and Spaghetti

Quorn meatballs in a tasty tomato sauce with wholewheat spaghetti

Veggie Sausage

Veggie sausage, potato wedges and baked beans

Quorn Roast and Gravy with Mash

Quorn roast with mash, sage and onion stuffing and gravy

Veggie Bolognese

Vegetarian bolognese with pasta and garlic bread

Veggie Nuggets and Chips

Vegetarian nuggets with chips and peas

Packed Lunch

Pick and Mix Deli – Freshly Filled Cheese or Ham Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit

Jacket Potatoes

Jacket Potato with Toppings

Italian Crumble Cake

Crumble base filled with apples topped with even more crumble

St Clements Cake

Tasty orange cake

Fruity Loaf

Mixed dried fruit cake with soft brown sugar and cinnamon

New York Cheesecake

Baked cheesecake with fruit topping

Lemon Cookie

Zesty lemon cookie with juicy fruit

The Finale

Meat

Veggie

Jacket Potato

Packed Lunch

w/c 14th October, 4th November, 25th November, 16th December, 6th January, 27th January, 17th February

WEEK TWO

THEME DAYS

Fairytale Festival

Chinese New Year

Pancake Day

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)

MONDAY
Authentic Italian

TUESDAY
Family Faves

WEDNESDAY
Baking British

THURSDAY
Food Festival

FRIDAY
Fun Day

Main Event

Cheese and Tomato Pizza

Pizza topped with tomato sauce and cheese

Beef Lasagne

Layers of pasta with minced beef and tomato sauce topped with cheese

Sausage with Mash and Yorkie

Pork sausage with mash, yorkshire and gravy

Chicken Fajitas

Marinated chicken with sliced vegetables, rice and a wheat wrap

Golden Fish Fingers and Chips

MSC pollock fish fingers with chips and peas

Vegetarian Section

Cheese and Tomato Pizza

Veggie sausage, potato wedges and baked beans

Vegetable Lasagne

Layers of pasta with vegetables and tomato sauce topped with cheese

Quorn Sausage with Mash and Yorkie

Quorn sausage with Mash, yorkshire and gravy

Quorn Fajitas

Marinated Quorn with sliced vegetables, rice and a wheat wrap

Vegetarian Nuggets and Chips

Vegetarian nuggets with chips and peas

Packed Lunch

Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit

Jacket Potatoes

Jacket Potato with Toppings

The Finale

Tiramisu

Soft cheese and cream layers with sponge and cocoa

Brown & Fruit

Tasty chocolate brownie and fresh fruit

Apple and Berry Crumble

Baked apples and berries topped with an oaty crumble

Chocolate Pudding

Chocolate and cinnamon flavoured sponge and sauce..

Ginger Cookie and Fruit Slices

Ginger Cookie with juicy fruit

▲ Meat

▼ Veggie

◆ Jacket Potato

■ Packed Lunch

w/c 21st October, 11th November, 2nd December, 23rd December, 13th January, 3rd February, 24th February

WEEK
THREE

THEME
DAYS

Trip to
Wales

Best of
British

And lots
more ...

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

MONDAY
Authentic
Italian

TUESDAY
Family
Faves

WEDNESDAY
Baking
British

THURSDAY
Food
Festival

FRIDAY
Fun
Day

Macaroni
Cheese

Cottage Pie

Roast Chicken
and Gravy with
Roast Potatoes

Hot Dog and
BBQ Beans

Golden Fish Fingers
and Chips

Main
Event

Baked cheesy pasta
with a crunchy topping

Minced beef with
veggies topped with
mash

Chicken fillets with roast
potatoes, sage and
onion stuffing and
gravy

Hot Dog sausage in a
roll with BBQ flavoured
beans

MSC pollock
fish fingers with chips

Macaroni Cheese

Quorn Cottage
Pie

Quorn Roast and
Gravy with Roast
Potatoes

Veggie Dog and
BBQ Beans

Cheese & Tomato
Pinwheel with Chips

Vegetarian
Section

Baked cheesy pasta
with a crunchy topping

Quorn beef with
veggies
topped with mash

Quorn Roast with
Roast potatoes, sage
and onion stuffing
and gravy

Veggie sausage in a
roll with BBQ flavoured
beans

Baked bread base
with cheese and
tomato filling with
chips

Packed Lunch

Pick and Mix Deli – Freshly Filled Sandwich or Roll,
Healthy Snack, Home Bake and Piece of Fruit

Jacket Potatoes

Jacket Potato with Toppings

Lemon Drizzle
Flapjack

Sticky Ginger
Cake

Muffin

Vanilla and
Blueberry Blondie

Oaty Energy
Cookie

The Finale

Oaty flapjack topped
with a lemon drizzle

Traditional sticky ginger
sponge with custard.

Pineapple and
carrot muffin

Chewy, fruity traybake
with vanilla and
blueberries

Oat Cookie
with juicy fruit

▲ Meat

▼ Veggie

◆ Jacket Potato

■ Packed Lunch