



WELL-BEING NEWSLETTER

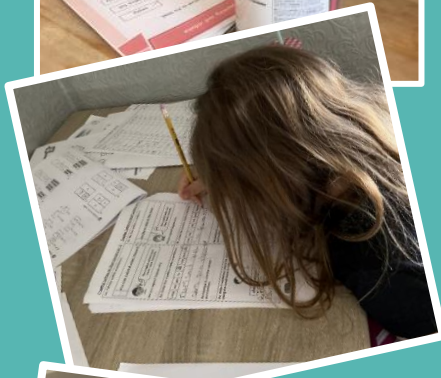
Robert Miles
Infant School

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PUPIL Issue 1



01. What is 'Well-Being'?
02. Information, Guidance and Updates
03. Support
04. Activities and Resources
05. 'Here's One I Tried Earlier'



Thank you parents for giving us permission to use your children's photos.

Welcome to the first issue of our 'Work Hard; Be Kind; Well-Being' newsletter!

There'll be an issue of this newsletter at the end of each month until the end of this academic year (July).

What is 'Well-Being'?

It's a term we hear a lot but what does it mean?

It's about our emotional as well as our physical health: Keeping our minds and our bodies healthy!

Most of us like routine - your teachers all do and we are finding it tricky not sticking to our timetables.

[Click here for some ideas about organising your day.](#)

Activities and Resources

Amazon has cancelled the subscription of books and audio stories at 'audible' for children and students of all ages as long as schools are closed. All stories are free to stream on your desktop, laptop, phone or tablet via

<https://stories.audible.com/start-listen>

Use the packs from school and check out any additional resources on school's website to keep your learning going!



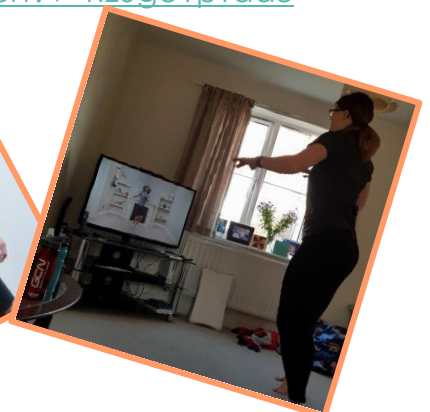
BBC Super Movers

KS1 - <https://www.bbc.co.uk/teach/supermovers/ks1-collection/zbr4scw>

PE with Joe- Live every day at 9am – link to first session here -

<https://www.youtube.com/watch?v=Rz0go1pTda8>

Mrs Jacques is loving it.





Places you can visit online

You can access some of the world's most amazing and famous places, galleries and museums from your house! Links to suggestions for this week:

British Museum <https://britishmuseum.withgoogle.com>

National Gallery of Art, Washington D.C.

<https://artsandculture.google.com/partner/national-gallery-of-art-washington-dc?hl=en>

Chester Zoo have had a virtual tour today.

www.chesterzoo.org

'Here's One I Tried Earlier'

This is where we'll share your ideas, tips and suggestions. This could include: a recipe to try; suggestions for in-door sports and games; arts and crafts activities; ways in which you've used an activity or resource from this newsletter and your 'Top Tips' for doing it; any ideas that you've had from your experiences so far. We will also try to include some of your photos. If you have something to include get your parents to email to the office and give the title 'April Newsletter'.

What have your teachers been up to?

Mrs Hindmarsh

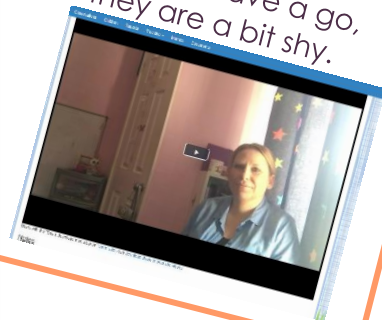
"I have enjoyed being in school looking after our key worker children and keeping in touch with parents and children through Tapestry. I love seeing your learning at home and please keep sending it in. I have been keeping fit joining in with Joe Wickes and am looking forward to the virtual tour of Chester Zoo today. Let me know your favourite animal on Tapestry. I have been looking into other ways for you to learn maths at home and will be giving you some new ideas soon. My favourite activity this week has definitely been Mrs Ryan's storytime."

Mrs Barbuti

"I have been self-isolating since last Thursday, but have been able to keep up to date with all the staff with video calling, but as people can see inside my house with the web cam I have been trying to keep the house very tidy!! My dog Jackson has enjoyed all the family being at home. I have been trying to help my son with his Yr7 home learning - it's a bit tricky - so I have to persevere!"



Tapestry users have a look at Mrs Ryan's Friday story time. We are trying to persuade some other teachers to have a go, but they are a bit shy.



Mrs Barbuti's Joke corner.

Q. What's a foot long and slippery?
A. A slipper.

Q. What time should you go to the dentist?
A. Tooth hurty.

If you have a good joke email it to the office - with the title April Newsletter and your name and class.

Contact us

The main contact email to use for your school for general enquiries is office@rmischool.co.uk