Holiday activities and food





wellbeing of children aged between 5 to 16 years focussing on physical and mental wellbeing by providing a variety of activities during school holidays. Included in each session is a meal - this may be breakfast or lunch depending on the programme offered. The aim of the Nottinghamshire

Holiday Activities and Food programme is to support children to eat healthily, keep active and meet friends. We also support families to access help and advice when needed.

able to access up to 24 days holiday activity each year (Four in spring, 12 in summer, four in autumn and four in winter). The programme offer is wide and varied. Current activities include:

Eligible children and young people will be

multisports activity days high ropes dance

- drama
- craft sessions

virtual reality

- cooking with children
 - and families.

forest school

Providers are DBS checked and Ofsted registered where required. There are several checks that providers must pass to be a

deliverer of the programme to ensure your child is in the safest of hands. How to book places on the HAF Nottinghamshire programme To book places you will need

a unique HAF code which can be

requested here:

or your school may be able to provide it to you.

Once you have your HAF code

What's on in your area Find out about which HAF clubs

are available near you:

Useful information

Support and advice for young carers.

Support and advice for carers.

Advice on healthy relationships.

Local mental health advice and help for young people in Nottingham and

Nottinghamshire all in one place.

Contact details: e: HAF@notsscc.gov.uk

(line open 10am to 2pm, Monday to Friday)

w: Holiday activities and food **Nottinghamshire County Council t:** 0115 9774 999

Nottinghamshire

County Council