

Topic	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Being me in my world.	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
<b>Coverage Overview</b>	<p>Develop their sense of responsibility.</p> <p>Increasingly follow rules, understanding why they are important.</p> <p>Identify and moderate their own feelings socially and emotionally.</p>	<p>Think about the perspectives of others.</p> <p>See themselves as a valuable individual.</p>	<p>Show resilience and perseverance in the face of challenge.</p> <p>Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;</p>	<p>Manage their own personal hygiene needs.</p> <p>Know and talk about the different factors that support their overall health and wellbeing.</p>	<p>Build constructive and respectful relationships.</p> <p>Think about the perspectives of others.</p> <p>Show sensitivity to their own and to others' needs.</p>	<p>Think about the perspectives of others.</p> <p>Show sensitivity to their own and to others' needs.</p> <p>See themselves as a valuable individual.</p>
<b>Core Knowledge and S&amp;E development</b>	<ul style="list-style-type: none"> <li>- I understand how it feels to belong and that we are similar and different.</li> <li>- I know how to recognise and manage my feelings.</li> <li>- I enjoy working with others to make school a good place to be.</li> <li>- I understand why it is good to be kind and use gentle hands.</li> <li>- I am starting to understand children's rights and this means we should all be allowed to learn and play.</li> <li>- I am starting to understand what responsible means.</li> </ul>	<ul style="list-style-type: none"> <li>- I understand something I am good at and understand everyone is good at different things.</li> <li>- I understand that being different makes us all special.</li> <li>- I know we are all different but the same in some ways.</li> <li>- I know why I think my home is special to me.</li> <li>- I know which words to use to stand up for myself when someone says or does something unkind.</li> <li>- I know how to be a kind friend.</li> </ul>	<ul style="list-style-type: none"> <li>- I understand that if I persevere I can tackle challenges.</li> <li>- I can tell you about a time I didn't give up until I achieved my goal.</li> <li>- I know how to set a goal and work towards it.</li> <li>- I know how to use kind words.</li> <li>- I understand the link between what I learn now and the job I might like to do when I'm older.</li> <li>- I know how I feel when I achieve a goal and know what it means to feel proud.</li> </ul>	<ul style="list-style-type: none"> <li>- I understand that I need to exercise to keep my body healthy.</li> <li>- I understand how moving and resting are good for my body.</li> <li>- I know which foods are healthy and not so healthy and can make healthy eating choices.</li> <li>- I know how to help myself go to sleep and understand why sleep is good for me.</li> <li>- I know how to wash my hands thoroughly and understand why this is important especially before I eat and after I go to the toilet.</li> <li>- I know what a stranger is and how to stay safe if a stranger approaches me</li> </ul>	<ul style="list-style-type: none"> <li>- I know some of the jobs I do in my family and how I feel like I belong.</li> <li>- I understand ways to solve problems and stay friends.</li> <li>- I know how to make friends to stop myself from feeling lonely.</li> <li>- I know how to use calm me time to manage my feelings.</li> <li>- I am starting to understand the impact of unkind words.</li> <li>- I know how to be a good friend</li> </ul>	<ul style="list-style-type: none"> <li>- I know how to name parts of the body.</li> <li>- I know some things I can do and foods I can eat to be healthy</li> <li>- I understand that we all grow from babies to adults</li> <li>- I can talk about my worries and/or the things I am looking forward to about being in Year 1.</li> <li>- I understand and can share my memories from reception.</li> </ul>
<b>Critical Vocab</b>	Similar, different, unique, responsible, rights, school rules, kind, angry, happy, feelings	Likes, dislikes, special, unique, similarities, differences, friends, kind, unkind	Achieve, goal, kind, proud, happy, never giving up, resilience, jobs, aim	Stranger, healthy, unhealthy, exercise, rest, healthy choices, sleep, washing hands, hygiene, stranger	Family, belonging, friendship, friends, kind, unkind, problem solving, bullying, lonely.	Body parts, baby, toddler, child, adult, growing, changing, healthy, memories, transition.

Enrichment Opps		Anti-bullying week- please see PSHE events calendar for more detail.		Road safety day Visit from school nurse.	RSE day (Summer 2)	RSE day
Assessing Impact	Teacher assessment- who is beginning to manage their emotions and who understands responsibility?	Teacher assessment- which children can explain what a kind friend is and explain simple similarities and differences with their friends?	CHN to draw a picture of a goal that they have set. Teacher to the scribe their ideas.	CHN to demonstrate that they can wash their hands correctly.  Teacher assessment- who can demonstrate that they can manage their own personal needs.	Each child has a mitten made from paper and draws on it a picture of themselves being a good friend	CHN to draw themselves as a baby, toddler and child.