

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Being me in my world.	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Coverage Overview	<p>To explain why my class is a happy and safe place to learn.</p> <p>Give different examples where I or others make my class happy and safe.</p>	<p>To identify similarities and differences- linking our knowledge to how we are all unique.</p> <p>To understand what bullying is and who to speak to if we see or experience bullying.</p>	<p>To explain how I feel when I am successful and how this can be celebrated positively.</p> <p>To explain what helped me to succeed in a learning challenge and explain how this made me feel.</p>	<p>To explain why I think my body is amazing and can identify a range of ways to keep it safe and healthy.</p> <p>To give examples of when being healthy can help me feel happy.</p>	<p>To explain why I have special relationships with some people and how these relationships help me feel safe and good about myself. To explain how my qualities help these relationships.</p> <p>To give examples of behaviour in other people that I appreciate and behaviours that I don't like.</p>	<p>To compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older.</p> <p>To use the correct names for penis, testicles, anus, vagina, vulva, and give reasons why they are private.</p> <p>To explain why some changes I might experience might feel better than others.</p>
Core Knowledge and S&E development	<ul style="list-style-type: none"> - I understand the rights and responsibilities as a member of my class. - I know my views are valued and can contribute to the Learning Charter. - I recognise the choices I make and understand the consequences. I recognise a range of feelings when facing consequences. - I understand my rights and responsibilities within our Learning Charter. - I know how to make my class a safe place for everybody to learn. 	<ul style="list-style-type: none"> - I understand how to identify similarities and differences between people in my class. - I understand what bullying is. - I know who I can talk to if I am feeling unhappy or being bullied. - I know how to make new friends. - I understand that differences make us all special and unique. - I understand how being bullied might feel. 	<ul style="list-style-type: none"> - I know how to set simple goals. - I understand how to achieve my goals. - I understand how to work well with a partner. - I know how to tackle a new challenge and understand this might stretch my learning. - I know how to identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them. - I understand how I felt when I succeeded in a new challenge and how I celebrated it. 	<ul style="list-style-type: none"> - I understand the difference between being healthy and unhealthy, and know some ways to keep myself healthy. - I know how to make healthy lifestyle choices - I know that all household products including medicines can be harmful if not used properly. - I know how to keep myself clean and healthy, and understand how germs cause disease/illness. - I understand that medicines can help me if I feel poorly and I know how to use them safely. - I know how to keep safe when crossing the road, and about people who can help me to stay safe. 	<ul style="list-style-type: none"> - I know who to identify the members of my family and understand that there are lots of different types of families. - I know appropriate ways of physical contact to greet my friends and know which ways I prefer. - I know who can help me in my school community. - I know how to recognise my qualities as person and as a friend. - I know ways to praise myself. - I know when I need help and know how to ask for it. - I can recognise which forms of physical contact are acceptable and unacceptable to me. 	<ul style="list-style-type: none"> - I understand some things about me that have changed and some things about me that have stayed the same. - I know how my body has changed since I was a baby. - I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus. - I understand that growing up is natural and that everybody grows at different rates. - I know that changes are OK and that sometimes they will happen whether I want them to or not.
Critical Vocab	Safe Special Calm Rights Responsibilities Belonging Learning Charter Rewards Proud Consequences Upset Disappointed	Similarity/similar, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Special, Unique	Proud, Success, Achievement, Goal, Stepping stones, Process, Working together, Team work, Achievement, Celebrate, Internal treasure chest	Healthy, Unhealthy, Balanced, Exercise, Sleep, Choices, Clean, Hygienic Safe, Medicines, Trust, Green Cross Code, Eyes, Ears, Look, Listen,	Family, Belong, Different, Same, Friends, Friendship, Qualities, Caring, Sharing, Kind, Greeting, Touch, Like, Dislike, Help, Helpful, Community	Changes, Life cycle, Baby, Adulthood, Grown up, Male Female, Vagina, Penis, Testicles, Vulva, Anus, Feelings, Anxious, Worried, Excited, Coping

Enrichment Opps	Learning charter floor book-linked to assessment opportunity.	Anti-bullying week- please see PSHE events calendar for more detail.		Road safety day Visit from school nurse.	RSE day (Summer 2) RSE day
Assessing Impact	CHN to create a poster explaining how their classroom would look if everyone followed the charter. (Teacher to scribe thoughts as necessary)	CHN to complete I am special and unique label- giving reasons to why they are unique.	Each child to have an internal treasure chest sheet and to record their responses to these question: <ul style="list-style-type: none"> • How do you celebrate your successes? • What sort of feelings do you have when you are successful? • Why is it important to have an 'internal treasure chest'? • Can our 'internal treasure chests' help us in the future? 	CHN to fill in the healthy me sheet. Also assess on the following questions: <ul style="list-style-type: none"> • Can you think of any unhealthy choices that might be harmful to a person's body? • Why do healthy choices help us to be happy? • Why might unhealthy choices make us feel unhappy? 	CHN to have balloon label template each and ask them to draw a picture of the person who is special to them on it and to complete the sentence 'You are special to me because...'